

2.6 FAMILY SERVICE

Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

Highlights of the Year / Achievement

10th Anniversary Ceremony of Caritas Family Crisis Line and Education Centre cum Hotline Service

The 10th Anniversary Ceremony was held on 23 November 2018. About 203 social work professionals and hotline volunteers from numerous organizations in the Social Welfare Sector participated. A Professional Conference was organized for the participants on hotline counselling services. Grateful to Li Ka Shing Foundation Limited for supporting the project since 2008.



Advocacy on Adverse Impact of Gambling Addiction on Couple Relationship

Caritas Addicted Gamblers Counselling Centre conducted a press conference on 8 November 2018. The theme was about the adverse impact of gambling addiction on couple relationship.

50th Annual Gathering and Golden Jubilee Dinner of Caritas Lok Heep Club

The 50th Gathering and Dinner was held on 7 December 2018. Ms Manda Chan, JP, Commissioner for Narcotics, and the Chief Social Work Officer (Youth) of SWD were invited as guests of honour. Apart from users, representatives from 18 anti-drug organizations in Hong Kong were invited to attend our “Partnership & Collaboration” Ceremony. It was a milestone for Caritas Lok Heep Club in providing services and family support to drug addicts in Hong Kong.



“Enhancement of Evidence-informed Practice in Children and Family Service through an Effectiveness Evaluation of a Positive Psychology Programme” Effectiveness Study

The Study was sponsored by the Social Welfare Development Fund for 18 months. It was completed in October 2018. Analysis of the responses from 46 parents with children aged between 2 and 3 showed that parents in the training group experienced significant improvement in their knowledge of value education and in alleviation of their anxiety.



“LOVE and CARE: STARTING FROM CHILDREN - A Comprehensive Social Work Service Programme for Nursery Schools” Executive Functions Programme Outcome Evaluation Study

The Study was sponsored by the Porticus Asia Ltd. for two years and was completed in September 2018. Analysing the responses from 113 parents whose children studied at nursery schools were found significant improvement in their executive functions skills, alleviation of their parents’ perceived children problems and improvement in their parent-child interaction.



• Executive functions skills training



• Love is from family

20th Anniversary Music Performance Show of Caritas Wong Yiu Nam Centre

The Show was organized on 23 March 2019 in Kwai Tsing Theatre. This programme aimed at strengthening cases’ self-confidence, giving them a sense of achievement and encouraging them to maintain a drug free life. In the programme, certificates were presented to many drug free cases so as to give them support to continue the new and healthy lifestyle.



• Officiating guests in the opening ceremony



• Band of Caritas Wong Yiu Nam Centre aftercare service

New Projects

Nurturing Marital Relationship through Adventure

An outdoor experiential learning programme was pioneered by Caritas Integrated Family Service Centre – Tsuen Wan East to help couples nurturing their marital relationship.

“Shining 3rd Age”

A new project “Shining 3rd Age” was pioneered by Caritas Integrated Family Service Centre – Tuen Mun to provide services for 3rd age on pre-retirement preparation, psychological transition and family perspective influence from retirement. The project echoed to the elderly suicide and hidden family tragedies in the community.



• Adventure-based marriage enrichment camp 10/08/2018



• Project ‘Shining 3rd Age’ for 3rd age users



• Reaching out service for hidden families users

The Myers-Briggs Type Indicator® (MBTI) Service Package for Parents

This signature service, including casework, groups and programmes were organized in Caritas Integrated Family Service Centre – Tin Shui Wai by qualified MBTI® certified practitioner. Most participants responded for a higher life satisfaction and were becoming optimistic to develop their full potential and to maintain a harmonious family relationship.

“Discovering the BLESS ings in Our Lives”

The two-year community education project was pioneered by Caritas Dr. & Mrs. Olinto de Sousa Integrated Family Service Centre and funded by The Board of Management of The Chinese Permanent Cemeteries. Goals on awareness awakening towards love language, resilience and gratitude in life were achieved.



• First show of original interactive drama for public



• “Discovering the BLESS ings in Our Lives”